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## 1 CLAIMS

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3 1. A structural support beam for use in building

4 and construction comprising a support frame defining

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- at least one volume, said support frame being of a
- first material and said at least one volume being
- 7 in-filled with a second material.

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- 9 2. A structural support beam as claimed in claim
- 10 1, wherein the support frame comprises two spaced
- apart flanges connected by at least two outer
- 12 support webs.

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- 14 3. A structural support beam as claimed in claim
- 15 2, wherein each outer support web connects lateral
- 16 portions of the flanges.

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- 18 4. A structural support beam as claimed in claim
- 19 2 or 3, wherein one or more additional outer support
- 20 web(s) is/are positioned over one or both of the
- 21 existing outer support webs.

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- 23 5. A structural support beam as claimed in any of
- 24 claims 2 to 4, wherein one or more inner support
- 25 webs connect the flanges in an intermediate position
- 26 between the outer support webs.

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- 28 6. A structural support beam as claimed in any of
- 29 claims 2 to 5, wherein one or more formations are
- 30 provided in each flange to accommodate the outer
- 31 support webs.

7. A structural support beam as claimed in claim

- 2 5, wherein one or more formations are provided in
- 3 each flange to accommodate the inner support web or

4 webs.

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- 6 8. A structural support beam as claimed in claim 6
- 7 or 7, wherein the formations are one or more of
- 8 grooves, recesses and cut-out portions.

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- 10 9. A structural support beam as claimed in any of
- 11 claims 2 to 5, wherein the flanges are rectangular
- in shape.

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- 14 10. A structural support beam as claimed in claim
- 9, wherein each flange is fully interposed between
- 16 the outer support webs.

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- 18 11. A structural support beam as claimed in any of
- 19 claims 2 to 8, wherein each flange is provided with
- 20 a reduced width portion to define a T-shaped flange.

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- 22 12. A structural support beam as claimed in claim
- 23 11, wherein each reduced width portion is fully
- interposed between the outer support webs.

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- 26 13. A structural support beam as claimed in claim
- 27 11, wherein the lateral edges of the other portions
- 28 are adapted to be flush with the outer surfaces of
- 29 the outer support webs.

- 31 14. A structural support beam as claimed in claim
- 32 11, wherein the lateral edges of the other portions

are adapted to extend beyond the outer surfaces of

2 the outer support webs.

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- 4 15. A structural support beam as claimed in any of
- 5 claims 2 to 14, wherein a further end-flange is
- 6 connected to the outer end of each existing flange.

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- 8 16. A structural support beam as claimed in claim
- 9 15, wherein the lateral edges of each end-flange are
- 10 adapted to be flush with the outer surfaces of the
- 11 outer support webs.

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- 13 17. A structural support beam as claimed in claim
- 14 15, wherein the lateral edges of each end-flange are
- 15 adapted to extend beyond the outermost surfaces of
- 16 the outer support webs.

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- 18 18. A structural support beam as claimed in any of
- 19 claims 2 to 14, wherein metal end plates are
- 20 connected to the outer end of each flange.

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- 22 19. A structural support beam as claimed in any of
- 23 claims 15 to 17, wherein metal end plates are
- connected to the outer end of each end-flange.

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- 26 20. A structural support beam as claimed in any
- 27 preceding claim, wherein the second material is less
- 28 dense than the first material.

- 30 21. A structural support beam as claimed in any
- 31 preceding claim, wherein the second material is a
- 32 plastics foam material.

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2 22. A structural support beam as claimed in any

- 3 preceding claim, wherein the second material is
- 4 adapted to give the support beam improved thermal
- 5 and/or sound insulating properties.

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- 7 23. A structural support beam as claimed in any
- 8 preceding claim, wherein the second material is
- 9 adapted to give the support beam improved structural
- 10 properties.

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- 12 24. A structural support beam as claimed in any
- 13 preceding claim, wherein the support frame is made
- 14 from timber materials.

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- 16 25. A structural support beam for use in building
- 17 and construction comprising a timber based support
- 18 frame formed from two spaced apart rectangular
- 19 flanges connected by at least two outer support webs
- wherein the timber based support frame defines at
- least one volume in-filled with a plastics foam
- 22 material; and wherein the plastics foam material is
- 23 bonded to the flanges and webs.

24

- 25 26. A structural support beam as claimed in claim
- 26 25, wherein the outer support webs extend over the
- full depth of the flanges.

- 29 27. A structural support beam as claimed in claim
- 30 25 or 26, wherein the flanges are formed from solid
- or laminated timber material and the webs are formed
- 32 from timber sheet material.

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2 28. A method of manufacturing the structural

3 support beam of claim 1, said method comprising the

4 steps of:

5 (i) connecting two spaced apart flanges by means of

6 at least two outer support webs to form a support

7 frame defining at least one volume; and

8 (ii) filling said at least one volume with an in-

9 fill of material.

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11 29. The method of claim 25, further comprising the

12 additional step of bonding said in-fill of material

13 to the support frame.

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15 30. The method of claim 25, further comprising the

16 additional step of gluing and/or mechanically fixing

17 the outer support webs to the flanges.